

Spice Plantation Tour & "*Flavors of the World*" Tasting

Villa Vanilla/Rainforest Spices tour is a gentle walk through the plantation and is hands-on with sensory stops along the winding "epiphyte trail". Our "**Flavors of the World**" **tasting** is an assortment of gourmet vanilla, cinnamon and chocolate treats prepared by our pastry chef at our expansive view point. We are by design, a personalized tour.

1. Our morning and afternoon tours start at the post-harvest warehouse where we dry, process, and package our spices and explain their ancient origins, history and properties.
2. Then you'll take a gentle walk through the plantation on our "Epiphyte Trail" (air plants), a winding garden path where you will experience the sights, tastes, aromas, and flavors of tropical spices, essential oil plants, tropical flowering plants and rock gardens.
3. You will then pass the fish pond on your way to the *Punta Mira* Viewpoint, where in addition to the view, you will experience Villa Vanilla's "**Flavors of the World Tasting**" - **an assortment of gourmet chocolate, vanilla & Ceylon cinnamon spice treats prepared by our pastry chef.**
4. The last stop is our now famous Spice Shoppe, where you can stock up on vanilla beans and extract, *True Ceylon* cinnamon, cocoa nibs, peppers and other spices for use in your kitchen or as gifts.

We provide a unique "**foodie**" experience with a major focus on sustainability. As proponents of sustainable development we are also proud to demonstrate the cultural practices we apply on our plantation which has been certified organic since 1992 and Demeter/biodynamic since 2000. Demeter is the oldest and most respected certifier of sustainable agriculture - since 1935.

Hotel pickup is 30 minutes before tour time, 8:30 and 12:30) with our vanette. Please reserve at least a day in advance. Our phones are farm 2779-1155, cel 8839-2721 and 8377-4826.

Price: \$50 per adult - with hotel pickup and \$45 if you arrive with your vehicle, children under 13 half price

Includes: Transportation, Gourmet Spice Tasting, and a bilingual guide

Needs: Hiking boots or tennis shoes, and camera.

Time: 2 1/2 hours

Rating: Gentle

Location: 10 miles due east of Manuel Antonio/Quepos towards the mountains

Henry Karczynski

Villa Vanilla/Rainforestspices

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www.rainforestspices.com

Top Rated Tour for Manuel Antonio & Costa Rica

